

## 2024 Care for Yourself Program Income Guidelines



The *Care for Yourself* Program provides breast and cervical cancer screening services to underserved people in Iowa. To qualify for the *Care for Yourself* Program, participants must earn a net income less than 250 percent of the Federal Poverty Level as determined by the U.S. Department of Health and Human Services. Net household income is the total pay minus deductions of each person living in the home whether or not they are related. Proof of income is not required.

Persons in family or household	250% of monthly income	250% of yearly income
1	\$3,137	\$37,650
2	\$4,258	\$51,100
3	\$5,379	\$64,550
4	\$6,500	\$78,000
5	\$7,620	\$91,450
6	\$8,741	\$104,900
7	\$9,862	\$118,350
8	\$10,983	\$131,800
For more than 8 persons per household	Add \$5,380 per additional person	

\*Iowa *Care for Yourself* Program Income Guidelines are updated annually.

Iowa *Care for Yourself* Program  
 Iowa Department of Health and Human Services  
 Lucas State Office Building  
 321 E. 12<sup>th</sup> Street, Des Moines, IA 50319  
 Phone: 1-866-339-7909  
[hhs.iowa.gov/public-health/cancer/cfy](https://hhs.iowa.gov/public-health/cancer/cfy)

January 2024