



2003 N. Lincoln St. • PO Box 152
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www.marionph.org

COVID-19 self-administered tests are now available at no cost to the public. Free tests can be sent directly to your home by going online at www.testiowa.com. If you would like to pick a test up, Marion County Public Health is a Test Iowa Pick Up point. Tests are free to the public and are self-administered. If you or a loved one would like to pick up a test at MCPHD, they are located outside our front door, just stop, and pick one up to take home. **If you suspect you have COVID-19, or have been exposed, please DO NOT enter the building.**

1. Pick up your test or have it sent to you. To use this test, you need the following.
 - a. Do you have a smart phone, able to take a photo of the QR code, and register the test?
 - b. Are you able to, or able to assist your loved one, to administer the test?
 - c. The test involves spitting in a tube. You must not eat or drink anything, smoke, or chew gum for a full 30 minutes prior to testing
2. Either order online to receive your test kit via mail or pick up at our address outside of our front door.
3. You will administer the test yourself, never inside the building at MCPHD.
4. Using your smart phone, activate the kit by taking a picture of the QR code with your smart phone. Click on the orange "Start" button at the bottom of the page. (If you don't have a smart phone or are having trouble activating the test call **1-833-286-8378**.)
5. Answer the brief set of questions and watch the video.
6. Have you abstained from eating/drinking/smoking/chewing gum for at least 30 minutes? If yes, you may proceed with the test.
7. Open the test kit, keeping package materials: plastic bags, and box.
8. Collect spit into the tube up to the black wavy line. This may take a while to gather this much spit. Expect at least 10 minutes.
9. Once done, remove the funnel turn it over and replace with funnel side down onto the tube.
10. Firmly tighten the funnel/cap to release the blue stabilizing solution.
11. Shake the tube for at least 5 seconds.
12. Write your name and date of birth on the label sticker and place it on the tube. This information **MUST** match the information entered onto the website when the test was activated.
13. Place the tube in the orange bag and seal it.
14. Put the bag into the box it came in and close the lid.
15. Place the UPS shipping label on the center of the outside of the white shipping bag. Place the box into the white shipping bag. Seal the bag.
16. Immediately drop it off at a UPS shipping site. Shipping sites in Marion County locations:
 - a. Leavett Graphics, 1302 N Lincoln St. Knoxville, IA 50138-323 Closes at 5:00 pm
 - b. Wells Fargo Bank, 102 S 2nd St, Knoxville, IA 50138
 - c. Ringomatic, 812 W 10th St, Pella, IA 5219
 - d. Total Choice Shipping, 809 W 8th St, Pella, IA 50219-2302
 - e. Molengract, 604 Liberty St, Pella, IA 50219
 - f. Hy Vee, 118 SE 9th St, Pella, IA 50219
17. If a UPS site not available, completed tests can be dropped off M-F, prior to 10 a.m. at Marion County Public Health Department (same place the test was picked up). Place the completed test in the indicated container outside our front door. Do not enter the building if you have been exposed to COVID-19.
18. Results will come directly to you.
19. Call Test Iowa at 1-833-286-8378 or you can reach us at 641-828-2238 option 0 with questions.